

SILVER TO GOLD PARALYMPIC TEAM BUILDING EVENT



KATRINA WEBB



“Transforming your organisation from SILVER TO GOLD”

Reward and recognise your employees with a fun and challenging Silver to Gold Paralympic Team Building event with Katrina Webb OAM.

Teams compete for points in a series of Paralympic sports wheelchair rugby, seated volleyball and blind sprint to name a few.

Gold, Silver and Bronze medals are up for grabs!

Katrina Webb is one of Australia’s well known Paralympic Gold Medallist and can facilitate either a 3 hour or a 4.5 hour session with up to 100 people.

She is available to run these sessions in all states throughout Australia.

OPTION 1

3 hour session

Program:

1. Welcome, Motivational talk ‘Turning Silver to Gold’ Overview of session (1 hour)
2. ‘Kinder surprise’- Communication activity (20 min)
3. Teams compete for points and rotate through a selection of the following events: (1 hour)
 - Wheel chair basketball/rugby
 - Bocce
 - Goalball
 - Seated volleyball
 - Blind relays
4. Debrief and Medal presentation (30 min)

**Cost: \$3900 + GST (up to 30 people)
\$4500 + GST (30 - 50 people)
\$5300 + GST (50 - 100 people)**

Plus: Flights, ground transfers & accommodation (ex Adelaide) if interstate.



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OPTION 2

4.5 hours outdoor

Program:

1. Welcome, Motivational talk 'Turning Silver to Gold'
Team allocation and details of the day (1 hour)
2. Light Lunch (30 min)
3. 'Kinder surprise'- Communication activity (20 min)
4. Teams compete for points and rotate through a selection of the following events: (2 hour)
 - Wheel chair basketball/rugby
 - Bocce
 - Seated volleyball
 - Goalball
 - Seated shot put/javelin
 - 100m blind sprint
 - Final 400m wheelchair team relay
5. Debrief and Medal presentation (40 min)

Cost: **\$4800 + GST (up to 30 people)**
\$5500 + GST (31 - 50 people)
\$6400 + GST (51 -100 people)

Plus: Flights, ground transfers & accommodation
(ex Adelaide) if interstate

Contact us now to find out more information:

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